



# Ascentis Life Skills Entry 1 and Entry 2 Certificate

---

Duration: **320 Guided Learning Hours.**

This qualification provides an introduction to the essential skills needed to establish an independent lifestyle. The aim is promote independent living, to reward the achievement of the skills they have developed and to help the learner progress towards Literacy, Numeracy and ICT.

Certificate - A minimum of 32 credits must be achieved.

### What will I learn?

A variety of skills relating to independent living and also develop a wide range of personal skills.

### Units

There is a choice of four units to complete the full qualification:

- Yourself and Others
- Learning Skills
- Keeping Healthy and Safe
- Community and Leisure
- Time and Money
- Carrying out a Practical Activity
- Understanding Relationships
- Understanding Sexual Relationships
- Sexual and Personal Health

Most of the units are carried out in a practical setting and will include a combination of theory and practical.

### Course Dates

September each year for 36 Weeks.

### Entry Requirements

There are no formal entry requirements.

### Methods of Assessment

The assessments for these qualifications are practical observation and questioning through assessments set by the awarding body, you will be required to build up a portfolio of evidence with help from your tutor which will be marked internally and externally verified.

### Progression

The qualification could contribute to the following destinations:

- To the next appropriate level
- Supported Employment
- Independent Living
- Level 1 qualification in some vocational areas

### Campus

The Lincolnshire Rural Activity Centre , (LRAC)  
Kenwick Hill, Louth, Lincolnshire. LN11 8NR

### How much does the course cost?

Contact the Admissions Officer Emma Moss on 01507 604945 for course fee costs and information on funding support.

### Equal Opportunities

The Institute guarantees that it will deal fairly and effectively with all students, staff and visitors and offer equality of opportunity on the basis of age, creed, gender, impairment, learning difficulty, marital status, national origin, race, religion or sexuality.

Students have the right to expect that this will apply to them without prejudice or discrimination and that they also have the obligation to deal fairly and effectively with other students and staff regardless of age, creed, gender, impairment, learning difficulty, marital status, national origin, race, religion or sexuality.

The Grimsby Institute will endeavour to comply with the Disability Discrimination Act, Part IV, which requires public bodies to make every effort to support persons with disability.

### Accreditation of Prior Learning (A.P.L.)

All Faculties of the Institute are committed to implementing an A.P.L service to ensure clients maximise the opportunity to gain qualifications based on experience and knowledge.